

Appendix B: California Health Content Standards Alignment

Growth, Development, and Sexual Health: Grades 9-12

Session	Activities	California Health Education Content Standards Covered by Teen Talk High School For more information visit: http://www.cde.ca.gov/be/st/ss/documents/healthstandmar08.pdf
Session 1	Introduction, Values Clarification, Parent Communication and Resources <ul style="list-style-type: none"> • Introduction to Group Agreements • Anonymous Question Box • Pretest • Values Clarification • Giving Your Parents “The Talk” • Let’s Talk • Teen Clinic Lists and Resource List 	<p>1.9.G Explain laws related to sexual behavior and the involvement of minors.</p> <p>2.1.G Determine personal, family, school, and community factors that can help reduce the risk of engaging in sexual activity.</p> <p>2.2.G Evaluate how growth and development, relationships, and sexual behaviors are affected by internal and external influences.</p> <p>2.5.G Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.</p> <p>3.1.G Analyze the validity of health information, products, and services related to reproductive and sexual health.</p> <p>3.2.G Identify local resources concerning reproductive and sexual health, including all FDA-approved contraceptives, HIV/STD testing, and medical care.</p> <p>3.4.G Evaluate laws related to sexual involvement with minors.</p> <p>5.4.G Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy.</p>
Session 2	Sexual and Reproductive Anatomy <ul style="list-style-type: none"> • Lecture: Sexual and Reproductive Anatomy • Anatomy Coloring • Conception, Fetal Development and Birth • Sexual and Reproductive Systems: What’s the Story? 	<p>1.2.G Explain how conception occurs, the stages of pregnancy, and the responsibilities of parenting.</p> <p>1.5.G Summarize fertilization, fetal development, and childbirth.</p>
Session 3	Gender and Sexual Identities <ul style="list-style-type: none"> • Identity Spectrums Prezi • Straightlaced – Film Guide & Values Statements 	<p>1.10.G Recognize that there are individual differences in growth and development, physical appearance, gender roles, and sexual orientation.</p> <p>2.5.G Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.</p> <p>5.5.G Use a decision-making process to analyze the benefits of respecting individual differences in growth and development, physical appearance, gender roles, and sexual orientation.</p>

Session 4	Birth Control <ul style="list-style-type: none"> • Birth Control Stations 	<p>1.4.G Identify why abstinence is the most effective method for the prevention of HIV, other STDs, and pregnancy.</p> <p>1.12.G Evaluate the safety and effectiveness (including success and failure rates) of FDA approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy.</p> <p>3.3.G Compare the success and failure rates of FDA-approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy.</p> <p>5.4.G Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy.</p> <p>5.7.G Use a decision-making process to evaluate the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention.</p> <p>6.2.G Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention.</p>
Session 5	Pregnancy Options <ul style="list-style-type: none"> • Pregnancy Options Discussion • No Easy Decision 	<p>1.6.G Explain responsible prenatal and perinatal care and parenting, including California's Safely Surrendered Baby Law.</p> <p>1.11.G Evaluate the benefits to mother, father, and child when teenagers wait until adulthood to become parents.</p> <p>5.6.G Use a decision-making process to evaluate the social, emotional, physical, and economic effects of teen pregnancy on the child, the teen parent, the family, and society.</p>
Session 6	Sexually Transmitted Infections <ul style="list-style-type: none"> • STI Brainstorm • STI Information Sheet • STI Scavenger Hunt • Quick Facts About HIV/AIDS • Condom Demonstration • Internal Condom Demonstration 	<p>1.4.G Identify why abstinence is the most effective method for the prevention of HIV, other STDs, and pregnancy.</p> <p>1.7.G Describe the short- and long-term effects of HIV, AIDS, and other STDs.</p> <p>1.8.G Analyze STD rates among teens.</p> <p>1.12.G Evaluate the safety and effectiveness (including success and failure rates) of FDA approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy.</p> <p>3.3.G Compare the success and failure rates of FDA-approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy.</p> <p>5.4.G Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy.</p> <p>5.7.G Use a decision-making process to evaluate the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention.</p> <p>8.2.G Advocate the respect for and the dignity of persons living with HIV or AIDS.</p>

Session 7	Relationships <ul style="list-style-type: none"> • What is Relationship Abuse? • We Interrupt This Relationship... 	<p>1.3.G Discuss the characteristics of healthy relationships, dating, committed relationships, and marriage.</p> <p>4.1.G Analyze how interpersonal communication affects relationships.</p> <p>4.3.G Demonstrate effective communication skills within healthy dating relationships.</p> <p>5.3.G Use a decision-making process to analyze when it is necessary to seek help with or leave an unhealthy situation.</p> <p>8.1.G Encourage and support safe, respectful, and responsible relationships.</p>
Session 8	Sexual Violence Prevention <ul style="list-style-type: none"> • Your Sexual Bill of Rights • David & Michelle's Story 	<p>1.9.G Explain laws related to sexual behavior and the involvement of minors.</p> <p>3.4.G Evaluate laws related to sexual involvement with minors.</p>
Session 9	Abstinence, Sex, and Decision Making <ul style="list-style-type: none"> • Players and Prudes • Refusal and Rejection: What Gives? • What Would You Say? • Dear Dr. Lupe • Mapping My Future 	<p>2.3.G Assess the discrepancies between actual and perceived social norms related to sexual activity among teenagers.</p> <p>2.4.G Assess situations that could lead to pressure for sexual activity and to the risk of HIV, other STDs, and pregnancy.</p> <p>4.2.G Use effective verbal and nonverbal communication skills to prevent sexual involvement, HIV, other STDs, and pregnancy.</p> <p>5.1.G Use a decision-making process to evaluate the physical, emotional, and social benefits of abstinence, monogamy, and the avoidance of multiple sexual partners.</p> <p>5.2.G Use a decision-making process to examine barriers to making healthy decisions about relationships and sexual health.</p> <p>6.1.G Evaluate how HIV, AIDS, other STDs, or pregnancy could impact life goals.</p> <p>8.3.G Support others in making positive and healthful choices about sexual behavior.</p>
Session 10	Sex in the Media <ul style="list-style-type: none"> • Sex, Love, Rock & Roll 	<p>2.5.G Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.</p>
Session 11	Review <ul style="list-style-type: none"> • Parent Interview Wrap-Up • Teen Talk Jeopardy! • Posttest with Evaluation 	<p>1.1.G Describe physical, social, and emotional changes associated with being a young adult.</p> <p>6.2.G Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention.</p> <p>7.1.G Describe personal actions that can protect sexual and reproductive health (including one's ability to deliver a healthy baby in adulthood).</p>